



**K-Group Curriculum**  
*Fall 2020*

# K-Group Leaders

Declaring the Greatness of God as He Transforms Lives  
by Loving and Reaching People and Making Disciples of Jesus.

## Rationale (Why we do what we do)

Why our groups are small

Why we share responsibilities

Why we follow the same format

Why we use the same literature

Why we start new groups

Why we have this meeting

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$$\frac{\text{Relational Environment} + \text{Reproducible Process} + \text{Intentional Leader}}{\text{Biblical Foundation}} = \text{Infinite Number of Disciples}$$

## Relaunch

September 6th

Push for new members / groups

New literature

## Revisions

Maintain distance

Think larger spaces

Outside still best

Hand washing / sanitizing

Symptom reminders

Be aware of sensitive members

Food

Single Server

Avoid community bowls

## Encouragement

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# Kiokee's Model for Disciples

**"Follow me, and I will make you fishers of men." Mark 1:17**

That call is also the verse we use to help describe what it means to be a disciple:

## **"Follow Me" (Head)**

A disciple is someone who is following Jesus. He leads; we follow. We make a deliberate decision to change the direction of our lives and follow Him.

## **"I Will Make You" (Heart)**

A disciple is someone being changed by Jesus. Through this process of sanctification, Jesus transforms our character to be more like His.

## **"Fishers of Men" (Hands)**

A disciple is someone who is committed to the mission of Jesus. A disciple wants to help others know about who Jesus is and what it means to follow Him.



## **How does one become a disciple?**

Using head, heart, and hands will also help us understand three key *components* of the discipleship process. Include each of these elements in your life.

### **(Head) – Getting to Know God through the Study of His Word**

Each disciple needs a time during which they learn more about the Lord as He reveals Himself through His word. As a result, we offer Sunday School Classes, K-Groups, Small Groups, and L.I.F.E. Classes to help followers of Jesus learn more about the Bible.

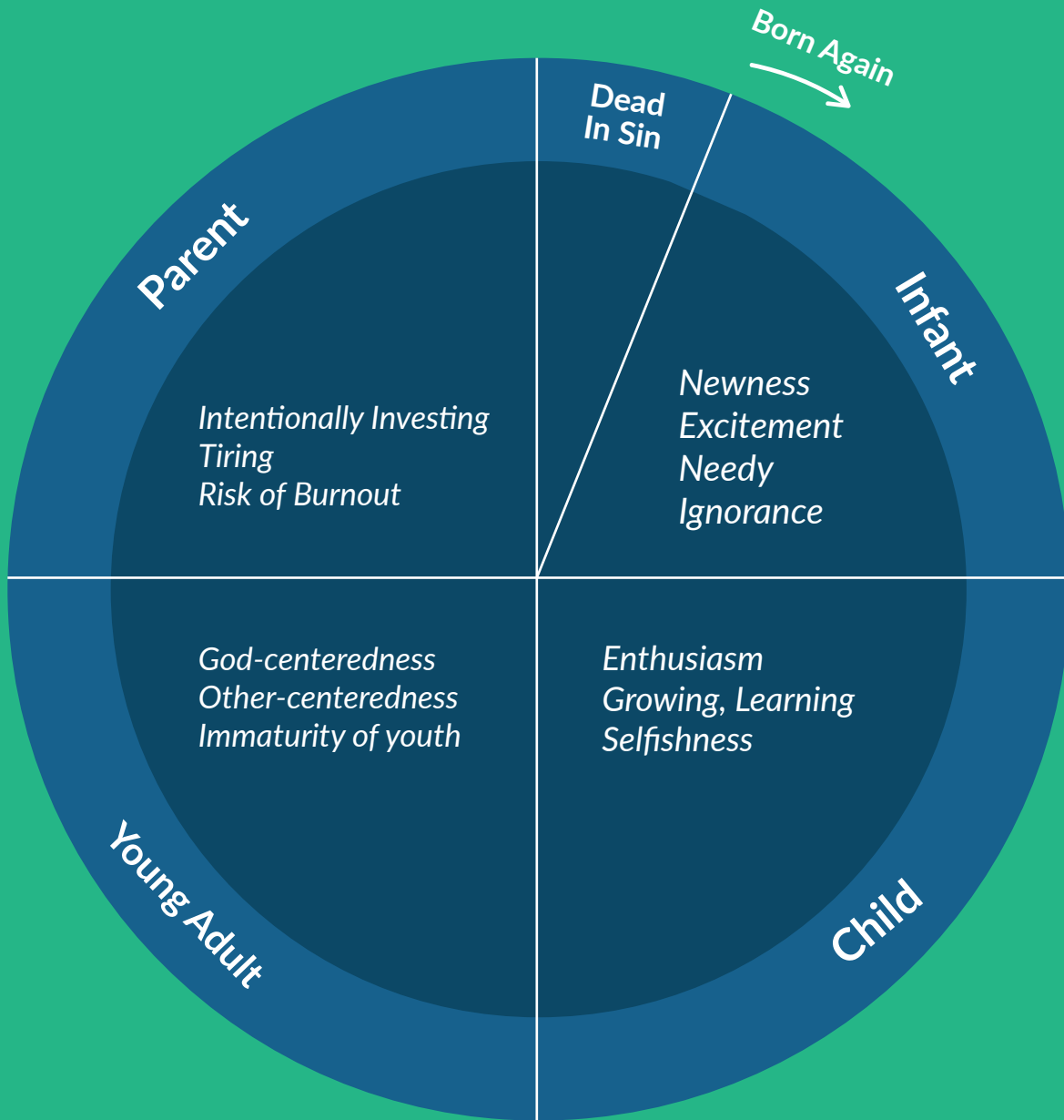
### **(Heart) – Offering our Love and Praise to God through Corporate Worship**

The Bible also stresses the importance of the church to gather for corporate worship. Our desire is for each person at Kiokee to "Declare the Greatness of God" together in corporate worship. We offer two worship services on Sunday morning for our people to offer praise and glory to God.

### **(Hands) – Offering our Time, Talents, and Gifts to the Lord through Service in Ministry**

We grow in Jesus by applying the Truth we are learning serving in ministry. We encourage you to find an area in which to serve. You can serve here on campus and serve the Lord in your community.

# Discipleship Wheel



# Introduction

A lot has changed in the last six months. Our vocabulary has changed. Terms like social distancing, herd immunity, and  $R_0$  that were not in our lexicon in February have become commonplace. Our activities have changed. Concerts, sporting events, recreation leagues, church actives have been eliminated or modified. Vacations have been canceled. Education has been affected. Jobs have been lost. The economy has suffered.

The list goes on and on.

When faced with such life-altering circumstances, it is only natural for those affected to think about how life has changed, to long for a return to normalcy, to grieve the effects, to fear the future, or to fight against restrictions that seem to be oppressive.

As we resume our K-Group meetings this September, our focus will be on what has **not** changed. Our God, our identity as His children, and the calling He has on our lives have not changed. For the next eight weeks, we're going to look at some of the attributes of this unchanging, immutable, God and how we are to live as a result.

In the lessons that follow, you will read Scripture you maybe have read already or you'll study an attribute of God you already know about. Do not let this discourage you from asking the Lord for a fresh perspective, for new insight into His nature, and for increasing desire to know Him more deeply. We can't know what tomorrow will bring, but we can know the infinite God who promises to be with us every moment. That truth alone should give us confidence unlike any new leader or current news outlet or recent advice about COVID-19.

**We seek to declare the greatness of God as He transforms lives by loving and reaching people and making disciples of Jesus.** Who God is has not changed. As we discover more and more of what the Bible teaches about God and as we experience these truths personally, we will declare Him great. This discovery will also impact our lives. As we get to know God and what it means to follow Him, we will begin to demonstrate His lordship in our lives. Our thoughts, intentions, habits, preferences, and priorities will change. We will set our hope fully on Him and we will endeavor to lead others to become disciples, as well.

# K-Group Guidelines

**CONFIDENTIALITY:** What is shared in the group stays in the group. We hold things shared in the group confidential unless given permission to share these things with people outside the group. This is foundational.

**TRANSPARENCY:** It's difficult to love someone as God called us to do without really knowing the person in a deep and meaningful way. You are encouraged to share from your heart — to let down your walls so that others can really know you—not just your struggles and fears, but also your victories and hopes. Your facilitator(s) should challenge you while respecting your boundaries.

**NO CROSS-TALK:** Be considerate of others as they are sharing by not engaging in side conversations.

**DON'T FIX:** Try to hear what people are sharing without trying to fix them. If they want your advice, they'll ask for it. If people think that as soon as they share a problem or issue everyone is going to immediately try to fix them (offer advice/solutions), often they simply won't share at all.

**LISTEN:** Let's value one another during the discussions by really listening to what is being shared. Don't be thinking about what you're going to say next or how you're going to respond. Really listen.

**PAUSE:** After someone shares, give pause to allow the group to feel the weight of what was just shared, and to fully consider it before the next person shares. This also provides the person sharing with the opportunity to continue with their thought without feeling rushed. Often people will only share what's above the waterline, but if given the opportunity (and encouragement), they might share the deeper things.

**SILENCE:** This is much like the pause but used in a broader and more deliberate way. Silence is used to wait for someone to share next without trying to fill the void with talk. Silence can create tension in a group, but tension isn't a bad thing if used wisely.

**DON'T RELEASE THE TENSION:** It takes a lot of trust and emotional energy for someone to share deeply. It's like pushing a rubber ball filled with air underneath the water. The deeper they push the ball, the more energy it takes. When someone is sharing deeply, this can be highly emotional and can cause a sense of tension in the group. This can make people feel uncomfortable, resulting in the desire to relieve the tension. People do this by making jokes, trying to comfort the person sharing, diverting the conversation, creating a disturbance, or hijacking the conversation completely. When this happens, the "ball" pops back up to the surface. The person sharing then needs to decide if they want to invest the emotional energy to push the ball back beneath the surface. More often than not, they will simply stop sharing.

**DON'T RESCUE:** When people are sharing something deeply personal and/or painful, there can be a tendency to try to make them feel better about themselves or the situation. Often this will cause people to stop sharing and results in their not going as deep as they might have gone. Resist the temptation to rescue people.

**USE "I" STATEMENTS:** It's easy to talk about the issues of others, but for our purposes, we want you to put yourself on the table. Try to use "I" statements rather than "them," "the church," "us," "we," etc.

**BE SELF-AWARE:** Be self-aware of how you are personally affecting the environment — words, actions, and non-verbal communication.

**PERSONAL APPLICATION:** It's important that we all use this time to consider where we stand on any given subject or issue. How am I "walking this out" in my personal life? How does this affect my ability to lead others? What is my part of the issue and/or solution? What positive change does God want me to make?

# God is GREAT

Read Deuteronomy 10 before your K-Group Meeting.

## OVERVIEW

The word, Deuteronomy, means a second law or second telling. God is not giving us another, updated version of the law. Rather, Moses is restating it for the people of Israel — a new generation that had grown up in the wilderness and about to enter the Promised Land. With the exception of Moses, Joshua, and Caleb all of those who left Egypt during the Exodus and received the law at Sinai had passed away. Moses prepares them to enter Canaan by recounting their history, God's promises, their deliverance, and God's law. Here in Chapter 10, he tells them of receiving the ten commandments (for the second time), why it mattered, and how they should respond.

▪ **Hook:** Choose an activity, sport, hobby, profession, leader, author, etc. and share with your K-Group who you think qualifies as the GOAT (the Greatest Of All Time).

▪ **Tell the Story:** Deuteronomy 10:17-22

Tell the story as best you can; don't stop and teach, don't make points, just tell the story. The objective is not to memorize it, but to learn it and be able to share it.

**Read the passage from your Bible.**

### ▪ Head

- How does Moses declare the greatness of God to the children of Israel?
- What other descriptors of God are mentioned here?
- What is he reminding them of (or telling them about) in verse 22?

### ▪ Heart

- How have you experienced any of the descriptors you mentioned above?
- Which ones are hard to understand?
- Verses 20 - 21 are pretty comprehensive. How would having a greater understanding of these truths about God affect your everyday life?

### ▪ Hands

- We are quick to tell others about a wonderful vacation, an unbelievable sale, a moving Netflix episode, or an amazing play by a professional athlete. When was the last time you shared with someone about the greatness of God?
- Why is that difficult for us?
- Spend some time, as a group, listing ways God manifests His greatness then discuss ways you and those in your K-Group might bear witness to His greatness.





# God is LOVE

Read 1 John 4 before your K-Group Meeting.

## OVERVIEW

In the Gospel that bears his name, John the disciple refers to himself as the disciple whom Jesus loved. As he writes this letter, decades have passed since Jesus walked the face of the earth, yet John has continued to experience the love he received as one of the twelve. While John's main purpose in writing this letter is to address an early form of Gnosticism that had begun to cause Jesus followers to doubt their salvation, he also speaks of God's great love. He calls us to know, experience, and share the love that God has for His own.

▪ **Hook:** How is your love for your family different than your love for your friends?

▪ **Tell the Story:** 1 John 4:7-12

Tell the story as best you can; don't stop and teach, don't make points, just tell the story. The objective is not to memorize it, but to learn it and be able to share it.

**Read the passage from your Bible.**

### ▪ Head

- What word does John use to address his readers during this section?
- Why is that important?
- How did God manifest His love to us?
- God's love is described well in this chapter, but its descriptors do not scratch the surface. What are some other passages in Scripture that speak of God's love? What do they tell us?

### ▪ Heart

- In his book, The Five Love Languages, Gary Chapman argues that people may respond to or receive love in different ways. What are some of the ways that speak to your heart?
- In what ways have you experienced God's love? How has He demonstrated it to you?
- Name a person who has exhibited God's love to you. How did they do it?

### ▪ Hands

- Verse 9 tells us how God's love was manifested to us. In answering one of the questions above, you may have mentioned how God manifested His love for you through someone. How might you manifest God's love to someone else?
- What are a few ways that we could love God back?



# God is HOLY and JUST

Read Psalm 24 and Isaiah 6 before your K-Group Meeting.

## OVERVIEW

In his book, The Holiness of God, R. C. Sproul writes: *The primary meaning of holy is 'separate.' It comes from an ancient word that meant, 'to cut,' or 'to separate.' Perhaps even more accurate would be the phrase 'a cut above something.'* When we find a garment or another piece of merchandise that is outstanding, that has a superior excellence, we use the expression that it is 'a cut above.' He is separate, set apart. He is spotless, absolutely pure. When we use the word "majestic," we tend to think of it in earthly terms, but His majesty is transcendent. His judgements are not only wise, but they are pure because He is pure. As a holy and just God, He hates sin and must be separate from evil.

- **Hook:** Tell the group about a room, object, heirloom, etc. from your childhood that was off limits. A room you couldn't play in, a piece of china you couldn't touch, etc.

- **Tell the Story:** Isaiah 6:1-6

Tell the story as best you can; don't stop and teach, don't make points, just tell the story. The objective is not to memorize it, but to learn it and be able to share it.

### Read the passage from your Bible.

- **Head**

- What did Isaiah see?
- How did it affect him?
- In the presence of God's holiness, Isaiah not only saw the Lord, but he saw himself. What did he see?
- The passage tells us that a seraphim touches Isaiah's lips with a burning coal thus taking away his guilt and atoning for his sin. What is the significance of this?

- **Heart**

- If God is just, what would be the deserved outcome of our sinfulness?
- According to Psalm 24: 3 - 4, who can stand in God's presence?
- If God is holy, He can't stand sin. If He is just, he can't overlook our sin. We love to jump to what normally comes next in this progression which is Jesus' substitutionary atonement. But for now, let's sit with His holiness and righteousness. How can meditating on these attributes of God help us in our walk with Him?

- **Hands**

- Take a few moments and read the lyrics to Holy, Holy, Holy, then share with your K-Group which lines or thoughts jump out at you.
- Sing this great hymn with your K-Group as you close out your time together.



# Holy Holy Holy

Words by  
Reginald Heber

Music by  
John Bacchus Dykes  
Additional Words and Music by  
Reuben Morgan and Peter King

♩=72 VERSE

C Am G<sup>sus</sup> G F C

1. Ho - ly, ho - ly, ho - ly, Lord God Al - might - y.  
2. Ho - ly, ho - ly, ho - ly, Lord God Al - might - y.

5 Em<sup>7</sup> Am G/B G/D D G<sup>sus</sup> G

Ear - ly in the morn - ing our song shall rise to Thee.  
All Thy works shall praise Thy name in earth and sky and sea.

9 C Am G<sup>sus</sup> G F/A C Am<sup>7</sup>

Ho - ly, ho - ly, ho - ly, mer - ci - ful and might - y. God in three  
Ho - ly, ho - ly, ho - ly, mer - ci - ful and might - y. God in three

# God is MERCIFUL

Read Ephesians 2:1-10 before your K-Group Meeting.

## OVERVIEW

In the Old Testament, there are two main Hebrew words translated as “mercy” in English. One is *hesed*. *Hesed* is a deep and profound word so rich that it is communicated several ways in English, most commonly as God’s loving kindness or His steadfast love. The second is *rachamim*. *Rachamim* carries the context of responding in mercy or kindness out of pity or deep concern over the sufferings of others. In the New Testament, the Greek word usually translated as mercy is the word *eleos*, which means kindness towards the afflicted with a desire to help them. All of these help us understand the great nuances of this attribute of God.

▪ **Hook:** Tell the group about a big turning point in your life and what happened as a result.

▪ **Tell the Story:** Ephesians 2:1-10

Tell the story as best you can; don’t stop and teach, don’t make points, just tell the story. The objective is not to memorize it, but to learn it and be able to share it.

**Read the passage from your Bible.**

### ▪ Head

- How does Paul describe our mindset before becoming a Christian?
- How does Paul describe our behavior?
- It would seem logical that the just reward for those who believe and behave as Paul describes would be (and is) eternal separation from God. Yet, how does Paul describe this holy and just God in verse 4?
- Why is verse 5 important?

### ▪ Heart

- Tell the group of your life / mindset before becoming a Christian. How has that changed as a result of God’s mercy?

### ▪ Hands

- Before we talk about what we are to do in light of God’s mercy, take a few moments to discuss what this passage says that God has done.
- In what ways are you grateful for God’s mercy?
- Verse 10 says that we are God’s workmanship created to do some great things. In our next couple of weeks, we’re going to look at what some of those things might be, but in the meantime, spend the last part of this session fleshing out what it means to be God’s workmanship.



# So We LEARN REPENTANCE

Read Ephesians 4:17-24 before your K-Group Meeting.

## OVERVIEW

In our last session, we looked at one of the ways God demonstrates His mercy to us. Throughout the first three chapters of Ephesians, Paul recounts numerous examples of who God is and what He has done. In chapters 4-6, he encourages us with how we should live in response. Right out of the gate, in Ephesians 4:17, he mentions that we should no longer live as do non-believers. The biblical way to understand this change is repentance. As disciples of Jesus, we reject our old way of life and the way of this world, and we chose to follow Him.

- **Hook:** Tell the group about a high school reunion that you attended, or maybe a recent encounter with someone you grew up with, but haven't seen in a while.
- **Tell the Story:** Ephesians 4:17-24  
Tell the story as best you can; don't stop and teach, don't make points, just tell the story. The objective is not to memorize it, but to learn it and be able to share it.

### Read the passage from your Bible.

- **Head**
  - How do the Gentiles live?
  - What does that mean?
  - Instead of living as the world does, Paul encourages a specific action for believers. What is saying that those in Christ are taught to do?
  - What does this look like?
- **Heart**
  - What, according to this passage, results from a hard heart?
  - How have you seen this in your life?
  - How does one renew the spirit of their mind?
- **Hands**
  - Repentance involves a change of direction. We make a decision to stop going one way and chose to go another. In other words, repentance is not just stopping something, it is also doing something else (putting on new self, renewing our mind, changing our behavior, etc.). What is one thing, as a result of studying this passage, you think God would have you do as you move forward?
  - In case you haven't noticed, at some point after you leave your K-Group meeting, you will encounter something or someone (friends, neighbors, a work culture, maybe even family) who live in the "futility of their minds." You will experience the pull that Paul writes about. How can we pray for each other to continue in the way of Christ?





# So We LIVE DIFFERENTLY

Read Ephesians 4:25-29 before your K-Group Meeting.

## OVERVIEW

As we continue in Ephesians 4, we read Paul's further instructions for disciples of Jesus. Once we turn away from something (repent), we turn towards something else (God's will). In this passage, we read of how we can repent in common, everyday life. We've all been tempted to bend the truth, nurse a hurt, return to a vice, or say something we shouldn't. Paul says that it's in these moments that our character is being built. Christ is at work in our hearts, not only in the big decisions, but in the ordinary moments of our days. As followers of Jesus, we yield every moment to Him.

- **Hook:** How difficult is it for you to speak the truth – especially when it might be difficult or unpopular?
- **Tell the Story:** Ephesians 4:25-29

Tell the story as best you can; don't stop and teach, don't make points, just tell the story. The objective is not to memorize it, but to learn it and be able to share it.

### Read the passage from your Bible.

#### ▪ Head

- What common temptations does Paul address in these verses?
- Rather than lie, allow anger to influence your behavior, or say something inappropriate, what does Paul encourage?
- Even if you are not a thief, verse 28 is still applicable to you. Like the thief, you now have a new identity in Christ. In what ways are you tempted to live out of your "old" identity?

#### ▪ Heart

- Why is it easy to come up with these answers and agree that they are indeed the best way to live, but hard to live them out?
- Does being truthful mean sharing your every thought? Why or why not?
- Since we are all prone to self-justification, how can we know if our anger is righteous or not?
- Name a form of "unwholesome talk" that is most tempting for you.

#### ▪ Hands

- As we read these verses, it is natural – and commendable, in many ways – to see these as instructions to take personally and work on individually. But at the end of verse 25, Paul includes a powerful reminder: "for we are members of one another." Our sin has an effect on others and those closest to us. We must also remember that as members of one another we are called to support each other as we work out what it means to follow Jesus. Spend some time in prayer for your K-Group, that you would indeed be a community of encouragement and support as we seek to live as disciples of Jesus.



# So We ABIDE IN CHRIST

Read John 15:1-17 before your K-Group Meeting.

## OVERVIEW

In this chapter of John's Gospel, we read the last of the seven "I am" statements of Jesus. Up to this point, these declarations have focused on Jesus as the giver of life, protector, provider, source of all truth and knowledge, etc. Each of these statements encouraged the listeners to come to Jesus and believe in Him. This last "I am" statement is directed to those who have already come to Him, who already believe in Him, who know that He is the Messiah. His word to them, and to us who are followers of Jesus, is to remain.

- **Hook:** How many of you have had an older friend or grandparent say to you as you leave a visit with them, "What's your hurry? Can't you stay a little longer?" How has your understanding of that question changed over the years?
- **Tell the Story:** John 15:1-11  
Tell the story as best you can; don't stop and teach, don't make points, just tell the story. The objective is not to memorize it, but to learn it and be able to share it.

### Read the passage from your Bible.

- **Head**
  - Jesus uses three images in this passage: true vine, vinedresser, and branches. Who's who and what is their role?
  - John records Jesus using the word "disciple" three times. He does so here in verse 8. What, according to Jesus, is proof that we are his disciples?
  - Why did Jesus tell them (and us) this?
- **Heart**
  - What does it mean to abide?
  - If we can do nothing apart from Jesus, how much "nothing" is going on in your life right now?
  - What's the solution?
  - What's helpful about comparing the fruit in your life to a brother or sister in Christ? What's not helpful?
- **Hands**
  - What are some things in your life, activities, thoughts, relationships, priorities, pursuits do you need to prune out of your life — so the vinedresser doesn't have to?
  - Once you've "made room" what is one thing you can do to abide Christ?



# So We DISCIPLE OTHERS

Read Colossians 1 before your K-Group Meeting.

## OVERVIEW

We focus our attention on the last section of Chapter 1 in the Book of Colossians. Paul began the letter by letting the Colossians know of his gratitude for them and how he prays for them. In Chapter 2, he'll address some of the heresies the Colossians are encountering, but early in this letter Paul reminds them of two bedrocks of our faith: the preeminence of Christ and His finished work on the cross. Salvation is complete in Christ. They have no need of empty philosophies, legalism, or man-made disciplines. He wants to correct them, because he is the one who led them to faith. But he also wants to correct them because he wants them to lead others to faith.

- **Hook:** Think back to your elementary school days. Tell your K-Group about a “teacher’s pet” that you had in your class.

- **Tell the Story:** Colossians 1:24-29

Tell the story as best you can; don't stop and teach, don't make points, just tell the story. The objective is not to memorize it, but to learn it and be able to share it.

### Read the passage from your Bible.

#### ▪ Head

- Why is Paul rejoicing in his sufferings?
- What is his charge?
- What is the great mystery that has been hidden through the ages? Why is this important?
- By using the word, “I” Paul references himself several times in this passage. What does he tell them about his life and his calling?
- He uses the word “we” once in this passage. What does this tell us about our life and our calling?
- Are any of us exempt from this call?

#### ▪ Heart

- As in his letter to the Philippians, verse 24 indicates that Paul finds joy ministering to others despite hardship. How does our attitude affect those we disciple?
- Last week we looked at abiding in Christ. This week, we're looking at our call to disciple others. When Paul gives this charge to the Colossians, notice that he doesn't ask them to teach a philosophy. He asks them (us) to proclaim a person. How does abiding in Christ help us proclaim Him and disciple others?
- What happens when the “everyone” includes someone who rubs you the wrong way?

#### ▪ Hands

- Think of three people in your sphere of influence. They may be family, friends, neighbors, coworkers, whatever. Discuss with your K-Group some tangible ways that you can help them take another step towards maturity in Christ.
- How can we as a church continue to cast the vision that we are called to make disciples who make disciples?

